RETIREE ACTIVITIES OFFICE 28th BW/RAO 2900 DOOLITTLE DR STE 1V28 ELLSWORTH AFB SD 57706-4821 OFFICIAL BUSINESS

Return Service Requested

Ellsworth AFB Retiree Newsletter MESSAGE FROM THE 28TH BOMB WING COMMANDER

August 1, 2012

Greetings from Ellsworth Air Force Base and the 28th Bomb Wing! You can be proud of the legacy you established and the impact your service had on our Nation. Today, our Airmen continue to meet challenges and accomplish the mission at home and deployed.

I invite retirees and their families from all branches of the military services and all ranks to Retiree Appreciation Day at Ellsworth, scheduled for Sept. 14, 2012. Events include a luncheon at the Dakota's Club from 11 a.m. to 1 p.m., featuring door prizes. Additionally, the Commissary will distribute 10 \$25 gift cards, the Base Exchange will distribute a \$100 gift certificate, the 28th Force Support Squadron will give two golf and two bowling certificated and the Sentinel Federal Credit Union will provide a \$100 gift card. The Ellsworth Base Exchange will offer more door prize drawing and key support organization will set booths to provide important information to retirees and their families. The Vet Van will be parked in front of the BX Sept. 14, 2012 from 9 to 11ap.m and 1 to 3 p.m.

If you have any concerns. Please let me know by calling my Public Affairs office at (605) 385-5956. We value your continued support of our Airmen and their Families.

//Signed//
Mark E. Weatherington, Col, USAF
Commander, 28th Bomb Wing

A note from the Retirees Activities Office Director: We are continuing to have the Quarterly Retiree Council's Luncheons at the Dakota's Club. They are open to all branches of service, ranks, spouses and widows. I would like to thank Colonel Weatherington staff and all who helped with the newsletter and the 2012 Retiree Appreciation Day. The many volunteer hours contributed in the service of the military retirement community have not gone unnoticed.

The Retiree Office is always in need of volunteers. If you have a few hours available during the week and would like to join our work force, please give me a call at (605)385-3600 or stop by the Retiree Activity Office. Located in the 28th Medical Group, Room 1V28 hours are 9:0 a.m. to noon, every Monday, Tuesday and Thursday.

Thanks for your support!

//Signed// LEROY J. FOGLE, Sr., TSgt (Ret), USAF Retiree Activities Office Director

The Newsletter is also available on the Ellsworth AFB Public website at http://www.ellsworth.af.mil. Click on the date under the second (2) column EAFB Retiree Newsletter to receive the up-to-date newsletter. If you do not have internet access or a computer, please send a written request to the following address: 28th BW/RAO, 2900 Doolittle Drive, Suite 1P05, Ellsworth AFB SD 57706-4821.

Dakota's Club:

Lunch hours are Monday through Friday from 11 a.m. to 1 p.m. Cost is \$7for members, \$9 for non-members and includes soup, salad bar, main dish, drink and dessert. If you need a private room, there is an additional 50 cent charge. If you need a private buffet, there is an additional charge of \$1.50 per person to cover the additional labor, setup and food. The club also have a menu during

lunch if buffet is not desired. You can also call and order carry-out (605) 385-1765. The Dakota Club offers a Texas Hold'em Tournament every Friday. Registrations are at 6:00 PM game starts 6:30 PM From September to May There are prizes every tournament. Also as a member you can borrow chairs, pans, dishes, est. free of charge. **Come in and check us out**.

28th Bomb Wing Staff Judge Advocate (Legal Office)

Preparing a will is the best way of providing for your family. This legal document determines who will receive your property and in what amounts. Your will alleviates worry for your family and makes life a little easier during a very difficult time. If you do not have a will, you die "intestate"; meaning

your property will be distributed according to the laws of the state in which you reside, which may not be your intention. Your children, spouse or other family members may not receive the protection you would have desired. The process of

finalizing your estate without a Will can become complicated, costly and time consuming. When should your will be renewed? Generally, if any of the following circumstances change, your will may require renewal: Divorce or marriage, a name change, if anyone named in the will has changed their name, an executor or beneficiary dies, property bequeathed is sold or purchased, or if you have children.

What are the legal costs? Fees for drafting the necessary documents depend on an attorney's experience, the complexity of the situation, and the amount of time spent counseling clients and preparing documents. A will is one of the most important documents you will ever make. Without

professional advice in preparing a will, you could unintentionally leave very complex, complicated and unresolved issues behind for your loved ones to resolve.

The Ellsworth Legal Office help. Providing a free service and advice on whether you'll need a new will, ensuring your will is valid, property prepared, signed and witnessed, so your wishes are clearly expressed, and that adequate provisions are made for your children, spouse, or other family members so that any potential challenges to your will are minimized.

To schedule an appointment to have a Will drafted or if you have legal questions, please call the Ellsworth Legal Office at (605) 385-2329.

Health And Wellness Center

Food for thought: Did you know that losing just five to ten percent of your body weight can improve your blood pressure, cholesterol, or diabetes? A good way to start losing weight is by moving more and eating less.

Interested in quitting tobacco?

Quitting tobacco is one of the most important things you can do to improve the quality of your life! You will live longer and feel better. Quitting will lower your chance of having a heart attack or cancer.

The people with whom you spend your time will be healthier, especially your grandchildren or family. You will have extra money to spend on things other than tobacco.

The Ellsworth HAWC and the 28th Medical Group have teamed up to assist you in quitting tobacco. This is a free service offered to retired military and their dependents. To get started quitting or for more information, please call the HAWC at (605) 385-2349.

AAFES

The BX Buddy List. Find out what's happening at Ellsworth through your email. Sign up for the Ellsworth AFB BX Buddy List. Just send an email to Vaughne.virginia@AAFES.comand ask to be added. You will get information on sales events, special buys and information about Ellsworth BX happenings.

Shop on Line at http://www.aafes.com. Shop online for great selections. Thousands of items are available from the Exchange Online Store and Exchange Mall. You can find great items, gifts, home furnishings, linens, house wares, electronics, luggage, jewelry, clothing, shoes and computers. All company suppliers offer special pricing to AAFES customers. In addition, earnings from orders placed from the surrounding area come back to the Ellsworth Community morale, welfare and recreation programs. If you shop using your AAFES Star Card shipping is free on many items. Last year the Ellsworth Community received \$351,970.

Hours of Operation:

Main BX

9am-19pm Monday-Saturday 10 am-17 pm Sunday

Charley's Grilled Subs

10:30 am -19:30 pm Monday-Saturday

Burger King

7 am -19 Monday- Friday 9am-19pm Saturday 11am-17pm Sunday

Anthony"s Pizza

10:30 am13:30 pm-- Monday-Saturday

11aS-18pm Sunday Closed Sunday

Barber Shop

7am-18:30 pm Monday-Friday 9am-15pm Saturday Closed Sunday

Optical Shop

9am-17 pm Monday-Friday 9 am-1330 Saturday

THEATER

5:30 pm-24 pm Monday-Friday 7:00 pm-24 Saturday 8:00 pm-23 pm Sunday 10:30 am-13:30 pm Sunday

Beauty Shop

7 am-18:30 pm Monday-Friday 9am-15:30 pm Saturday

Flower Shop

9am-18pm Monday-Friday 9 am-13pm Saturday Closed Sunday

Commissary

The Defense Commissary Agency operates a worldwide chain of commissaries providing groceries to military personnel, retirees and their families in a safe and secure shopping environment. Authorized patrons purchase items at cost plus a 5 percent surcharge, which covers the cost of building new commissaries and modernizing existing ones. Shoppers save an average of more than 30 percent on their purchases compared to commercial prices — savings worth about \$3,400 annually for a family of four. Don't miss our next Ellsworth Commissary Warehouse case lot sale on Sep 14 –1 6, 2009. Go to http://www.commissaries.com for local sale information, store direction, hours, phone

numbers, and updated Store personnel. Expand savings with coupons. Sign up for the Commissary Connection either on line or at your Commissary at the Coupon counter to your left when you enter the store and you will receive newsletters delivered via E-mail.

Your E-mail address is all that is required.

Ellsworth Commissary Hours:

9:00 a.m. –19:00 p.m., Tuesday – Friday 9:00 a.m. – 18:00 p.m., Saturday 11:00 a.m. –17:00 p.m. Sunday

Casualty Assistance:

The casualty assistance office provides assistance to family members of deceased active duty personnel and retired military members.

Assistance includes applying for benefits related to the member's military career and general information about Survivor Benefit Plan, Social Security Office, and Veteran's Administration.

When a retiree dies, his or her death needs to be reported to the Casualty Assistance Office as soon as possible. An initial report of death will be

completed from information taken over the telephone and reported to DFAS-CL (Retired Pay Center). Once the Death Certificate is obtained, the next-of-kin or beneficiary should contact the casualty assistance office at a base near you for an appointment. The appointment will take an hour and will be conducted in a private office. For further information, contact the Ellsworth AFB Casualty Assistance Office at (605)385-4663

Survivor Benefit Plan

Remarriage has impact on SBP coverage

A retiree who is providing Survivor Benefit Plan coverage for a spouse or a spouse and child will have the monthly coverage cost suspended if those beneficiaries become ineligible for coverage. A spouse loses eligibility on the date of divorce, or death. Children are eligible until age 18, or 22 if a full-time student. Marriage or military service at any age terminates a child's eligibility. Retirees who remarry and have suspended their spouse-only or spouse and child coverage have the following options:

- 1. Spouse coverage can resume as before. By law, the new spouse will automatically become the eligible beneficiary at the same level in effect for the previous spouse, adjusted by cost-of-living increases, on the first anniversary date of remarriage, or when a child is born as legal issue of the marriage; however, it is the member's responsibility to notify the Defense Finance and Accounting Service of the new marriage to prevent loss of options or premium debt accrual. Here are the other SBP options after a post-retirement remarriage:
- 2. Increase coverage (base amount) up to and including full retired pay. If a retiree selects this option, he or she must pay the difference between the SBP costs previously paid and the costs which would have been incurred if the new level of participation had been originally elected, plus interest. Any increase in premiums, with interest, must be paid before the first anniversary of the marriage. Payment of these premiums and interest must be completed before the spouse

qualifies as an eligible beneficiary or the election increasing the coverage will be null and void.

3. Elect not to resume the spouse portion of coverage before the date the spouse becomes an eligible beneficiary. Elections under this option are effective upon receipt; however, notification must be received before the date that the spouse becomes an eligible beneficiary or the spouse coverage will automatically be resumed at the level of coverage for the previous spouse plus any cost-of-living increases.

Election of either Option 2 or 3 above must be done before the first anniversary of the remarriage.

Notification of intent to select one of the above options must be accomplished by completing a DD Form 2656-6, Survivor Benefit Plan Election Change Certificate. This certificate, along with a copy of the marriage certificate, should be mailed or faxed (one or the other method, not both) to the Defense Finance and Accounting Service as soon as possible after remarriage. The mailing address is provided in the

instructions on the DD Form 2656-6 and the fax number is 800-469-6559.

Failure to notify DFAS well before the first anniversary will restrict a retiree's options and may result in a debt for SBP premiums to begin accumulating.

For more details, call DFAS at 800-321-1080 or contact the Ellsworth Survivor Benefit Plan Counselor at (605) 385-4663

Air Force Retiree Home's and Foundations

The General & Mrs. Curtis L. LeMay
17050 Arnold Drive
Riverside, Calif. 92518
PHONE: 1-800-554-5510 or 1-951-697-2099
FAX 951-5279 E-Mail info@lemayfounfation.com

Air Force Village Foundation (Officers)

Air Force Village 1 Air Force Village 2
4917 Ravenswood Dr. 5100 John D .Ryan BLVD.
San Antonio, TX 78227 San Antonio, TX 78245
PHONE: 1-800-724-5711
PHONE: 1-800-724-5711

Air Force Village (Enlisted)
BOB HOPE Village
Teresa Village and Hawthorn House
92 Sunset Lane
Shalimar, FL 32579

PHONE: 1-850-651-3766 FX 1-850-651-4461 Toll Free 1-800-258-1413

E-Mail info@afev.us Web. www.afev.us

28th Medical Group

The 28th Medical Group will be closed to beneficiaries on the following 2012 dates, during which the TRICARE Services Center should also be closed.

Dates: 4 July, 3 September, 8 October, 12, 22 & 23 November and 24 & 25 December.

TRICARE

Your health benefits are managed in accordance to your demographic and eligibility information in the Defense Enrollment Eligibility Reporting System (DEERS). The DEERS system is where you get your identification card and where to update and keep current your mailing address, your phone number, your marital status, your date of birth, and your sponsor's information. When Congress adds or modifies one of the TRICARE benefits, the benefit will be applied and processed in accordance to the information DEERS contained in the system. Pass this information on to a friend who may not have access to the internet or who may not get military retiree newsletters, or to their guardian. To get information on how to update your DEERS information, please contact the Military Personnel Element in the Ellsworth Rushmore Building or call (605)385-2427. Another option is to stop by your local TRICARE Service Center located in the 28th Medical Group Clinic; their office hours are Monday – Friday 07:30 am-16:30 pm, no appointment is necessary, and they do not close for lunch. The 28th Medical Group Clinic is closed until 08:00 every 1st and 3rd Thursday as well as at 12:00 on the 3rd Wednesday afternoon of each month for mandatory training. Please mark this information on your calendar so you know to refill your prescriptions early.

FAMILY HEALTH CLINC

The Family Health Clinic assesses and treats patients enrolled to the clinic ranging from birth to 65 years old. Every patient will be assigned a Primary Care Provider (PCP) who will be either a Family Practice Doctor of a Physician Assistant who will be the primary person working with you and your healthcare needs. Each Provider has an assigned Registered Nurse and medical technicians who you may be speaking with when you call the clinic.

Making an appointment:

To make an appointment with your Primary Care Provider contact the 28MDG appointment line at 385-6700. All acute medical concerns will be scheduled with-in 24 hours of when you call; all routine medical concerns will be scheduled with-in 7 days of your call; all Well exams or physical exams will be scheduled with-in 28 days of your call.

Telephone Consults:

Call the 28 MDG appointment line at 385-6700 to leave a telephone consult message with your PCP. You can expect a call from your care team within 1duty days for non-urgent issues such as medication refills and lab results. Telephone consults for urgent healthcare needs will be answered as soon as possible. All telephone consults are prioritized by qualified nurses or healthcare providers.

Emergency Healthcare Authorizations:

It is not necessary to request authorization to seek care from an emergency room for true medical emergencies; such as medical issues that threaten your life, limbs or eyesight. Call 911 or seek care at the closest Emergency Room (Rapid City Regional Hospital ER is closest to Ellsworth AFB). After being treated at the emergency room leave a telephone consult with your PCP on the next clinic business day to avoid any possible fees associated with your emergency care. Any necessary follow-up referrals with a treating provider can be requested at that time by your medical care team.

After Hours Care:

To access medical care after normal duty hours call 385-6700 and follow the prompts. The MDG answering service will forward your contact information and medical symptoms concerns to the on-call provider. The on-call provider will contact you to answer your urgent medical symptom questions and make recommendations for care ranging from home care instructions to referral to an emergency room or urgent care facility.

Obstetrical/Gynecological Care:

All obstetrical care is provided by our civilian counterparts in Rapid City. The 28MDG Women's Health Clinic provides routine gynecological care including, but not limited to, contraception services and preventative screening. If you think you are pregnant the clinic has a walk-in pregnancy test available (0700-1100 & 1300-1530) and will start the OB process.

Walk-In Clinics (0700-1100 & 1300-1530) No appointment needed!!!

Sore-Throat – If you have a sore throat and want to be screened for strep (if test is positive – appropriate medications will be prescribed at that time.

Pregnancy Tests – If you think you are pregnant and want to be tested *you must be 2 weeks late for your menstrual cycle or have a positive home pregnancy test – if the test is positive we will generate a referral to an off base OB provider.

Suture Removal – If we or another provider placed sutures we can remove them without an appointment.

Urinary Tract Infections – If you think you have a UTI and are a female over the age of 18 you can walk in and we will order the urinary analysis and treat as appropriate.

Depo Injections – If a provider at the 28th Medical Group has prescribed Depo-Provera birth control, you can walk in for follow-up injections.

Miscellaneous

Information Books in the Retirees Activities

Office: A new edition of Federal Benefits for Veterans and Dependents by the Department of Veterans Affairs (VA) updates the rates for certain federal payments and outlines a variety of programs and benefits for American veterans. Most of the nation's 24 million veterans qualify for some VA benefits, which range from health care to burial in a national cemetery. The 153-page booklet also provides an overview of programs and services for veterans provided by other federal agencies. The U.S. Government Printing Office (GPO) accepts credit card orders for the publication at 1(866)512-1800 (toll-free) for a cost of \$5 each to U.S. addresses, or \$67 bulk orders of 25 copies.

It can be ordered by mail from the GPO at Superintendent of Documents. P.O. Box 979050, St. Louis, MO 63197-9000 (stock #051-000-00233-4) or on line at http://www.bookstore.gpo.gov. We also have in the RAO Office books on Military Space-A Travel guide, Military Travel Guide U. S. A. These books are in the Retirees Activities Office for your use.

Retiree Web Site. A Air Force retiree web site http://www.retirees.af.mil offers in-depth information on benefits and services for the retiree community. Included are the survivor benefits plan, combat-related special compensation,

afterburner newsletter and Air Force retiree news service.

Arlington National Cemetery: Write: Arlington National Cemetery, Arlington, VA 22211. For general information, locations of gravesites and visitor information call (703) 607-8000. Contact the Interment Service Branch at (703) 607-8585 regarding funeral arrangements and eligibility requirements. Lost Records: Air force members retiring before Oct 1, 2004 should contact the National Personnel Records Center. Phone (314)801-0800. Write requests are required to replace lost documents from the NPRC. Written to NPRC/NCPMF-C, 9700 Page Avenue, St Louis, MO 63132-5000. Dependents' medical records are forwarded to an NPRC depository at 111 Winnebago St. Lois, MO 63118-4126 two years after the sponsor retires. Airmen who retired on or after 1 Oct.2004 can request copies of records by writing or faxing: AFPC/DPFFCMP, 550 C St. Suite 19, Randolph AFB, TX 78150; fax (210)565-4021, or DSN 665-4021. Individuals requesting their own records need to send a signed not that includes their name, social security number, contact information and specific record requested. Those

requesting a relative's record also need to provide their relationship to the former Airman.

Locating Air Force Retirees or Active-duty Airmen:

The AF World Wide Locator handles official and unofficial requests to locate Air Force Personnel. Official requests are defined as requested from any government agency and the Department of Defense. All other requests are considered unofficial in nature. The locator only has location information on individuals who are currently receiving compensation from the USAF (Active Duty, Guard, Reserve, Retired, and Civil Service personnel). If the individual has separated, no information is available.

Afterburner - The retiree's e-Afterburner Or Afterburner can be found on the internet by going to http://retirees.af.mil and click on afterburner.

National Park Service (NPS)

The National Park Service has opened The Minuteman Missile National Historic site at wall South Dakota and are looking for volunteers to work at the site. If you are interested in volunteering you can contact Ret. M/SGT Butch Davis at (605)433-5552. Or E-mail www.nps.gov/mimi.

Military Associations In Local Area

American Legions & Auxiliary Post 315 730 Briggs St .
Box Elder, SD 57719

Phone: (605) 923-3168

Disabled American Veterans & Auxilary 2916 Elm Ave. Rapid City, SD 57702

PHONE: (605)712-4900

Ellsworth Retiree Activity Office 2900 Doolittle Dr Suite 1M28 Ellsworth AFB, SD 57703 Phone: (605) 385-3600

The Retiree Enlisted Association (TREA) 1981 Centre St.

Rapid City, SD 57703 PHONE: (605) 923-8791

Order of the Purple Heart 35-50 101 E. Madison St. Rapid City, SD 57701

PHONE: (605) 348-5898

Dakota Dept of the Purple Heart 227587 Lightning Ridge Rd. Rapid City, SD 57702 Pone: (605)343-7927

American Legion & Auxiliary Post 22 2916 Elm Ave. Rapid City, SD 57702 PHONE: (605) 712-4900

Veterans of Foreign Wars & Auxiliary 420 Main St.

Rapid City, SD 57701 Phone: (605) 342-9804

Vietnam Veterans of American & Auxiliary

P.O. Box 251

Deadwood, SD 57732 PHONE: (605) 712-4900

America Legion Riders 8180 E. St. Patrick St. Rapid City, SD 57701

PHONE: (605) 342-2490/877-6570

Air Force Sergeants Association & Auxiliary Chapter 951

2740 Eaker Dr. Ste 204B Ellsworth AFB, SD 57706 PHONE: (605) 385-6882

Korea War Veterans of America & Auxiliary

10030 Pioneer Ave. Rapid City, SD 57702 PHONE: (605) 721-5818

S.D. National Guard Officers

2823 West Main St. Rapid City, SD 57702 PHONE: (605)737-6300 14th Flight Order of Daedal ions

P.O. Box 968 Box elder, SD 57719 PHONE: (605) 393-1005

The Military Officers Association of America (MOAA)

3021 Frontier Pl Rapid City, SD 57702 PHONE: (605) 342-4830

Veterans of foreign Wars & Auxiliary POST 1273

420 Main St.

Rapid City, SD 57701 PHONE: (605) 342-9804

Quick Reference Phone List Ellsworth AFB (Area Code 605)

Base Chapel	385-1598	Outdoor Recreation (Family Camp	385-299	97
Base Exchange	923-4774	Retiree Activity Office	385-360	00
Base Library (Holbrook)	385-1688	Visitor Center	385-28	95
Billeting (Pinetree Inn)	385-2844	Veterans Service Officer	394-22	266
Bowling Center	385-2536	Medical Facility/TRICARE Appoints	nents	385-6700 (Opt 2)
Base Operator	385-1000	Health Benefits Advisor		385-3259
Casually Assistance	3854663	Pharmacy Refills		385-3467
Commissary	385-4364	Pharmacy Refills (Toll Free)		800-385-8291
Dakota Club	385-1765/4/1771			
Airman & Family Red. Center	385-4663	Other Important Phone Numbers		
Finance Customer Service	385-1496	DEERS Telephone		800-361-2508
Golf Course	923-4999	DFAS (Retiree Pay)		800-321-1080
Health and Wellness Center	385-2349	Social Security Administration		800-772-1213
ID Cards	385-2427	Rapid City Office of SSA		605-342-1819
Legal Office	385-2329	VA Regional Office		800-827-1000
Public Affairs	385-5056	VA Rapid City, Medical Clinic		605-718-1075
South Dakota Air Space Museum	385-5188			
Gift Shop	385-5189			

Address Change Procedures

Individuals with Internet access: People with My Pay accounts may change their address on the internet by going to

https://mypay.dfas.mil/mypay.aspx, entering their personal identification number and then changing their correspondence address. Because there are other changes that can be made electronically, retired members and annuitants are encouraged to go this route. Those without a PIN should use the same WEB site and request a PIN which will be sent through the mail in a short time. Retirees receiving, or entitled to receive, retired pay, including retirees whose pay (part or all) comes from Veterans and Affairs or from Civil Service (because of combined federal service).

Should send their change of address to: DFAS, US Military Retirement Pay, PO Box 7130, London KY 40742-7130

This may also be accomplished by calling toll free (800) 321-1080 or commercial (216) 522-5534. The fax number is (800) 469-6559. Include your social security number and sign your request when mailing or faxing.

Those surviving spouses who are receiving, or entitled to receive an SBP/Retired Serviceman's Family Protection Plan annuity (this includes surviving spouses of retirees who were enrolled in SBP but who are receiving Dependency and Indemnity Compensation in lieu of the SBP) must send a change of address to:

DAFS, US Military Annuitant Pay, PO Box 7131, London KY 40742-7131

Non-SBP/RSFPP Annuitants

Non-SBP-RSFPP annuitants who are registered to receive the Afterburner, News for USAF retired personnel (but who may or may not be receiving a DIC pension from the VA), mail the new address and include the sponsors retired grade and SSN to:

HQ AFPC/DPSIAR 550 C Street West Ste 8 Randolph AFB TX 78150-4713

Service Benefits Available for Survivors after Death of a Retired Member

The loss of your loved one does not mean an end to certain military benefits and privileges you now receive. You may continue to receive medical care at medical facilities of the uniformed service, in select former public health hospitals designated by the Department of Defense as uniformed service treatment facilities and civilian inpatient and outpatient care, subject to limitation as determined by medical authorities. You may use the commissary, Base Exchange and morale, welfare and recreation activities, which includes theaters at bases where these facilities are available. Although every effort is made to provide these benefits and privileges, at some installations the facilities may be adequate only for the assigned

military personnel and their eligible family members. In such cases, the commander of the installation has the right to deny you the use of those facilities. In some overseas areas, the use of service benefits and privileges may not be extended to families of deceased members due to agreements entered into between the United States and the base country. If you plan to travel or live abroad, let your casualty assistance representative (CAR) help you determine the benefits and privileges available in the country where you plan to live. To determine if you are eligible for any of the service benefits and privileges mentioned, read the brief discussion of each below.

TRICARE FOR LIFE AND OTHER HEALTH IN SURANCE (OHI)

If you have OHI, by law, TRICARE will process your claims only after all OHI's have processed the claim. After your OHI and Medicare process your claim, you need to file a TRICARE claim with Wisconsin Physicians Service (WPS) TFL (the TFL claims processing contractor). For detailed information on how to file a claim, please visit TRICARE Web site at

http://www.tricare.mil/mybenefit/ProfileFilter.do?puri=%2Fhome%2FMedical%2FClaims.

If a beneficiary receives a service that is not covered by Medicare such as prescription medication, TFL follows TRICARE's other health insurance rules in determining what portion to pay. The beneficiary may need to file a claim with WPS TFL. TRICARE pays either the amount it would have paid as the primary plan or any remaining beneficiary liability after all OHI has paid, whichever is less.

PROCESSING CLAIMS INFORMATION

As a dual-eligible beneficiary entitled to Medicare Part A, and enrolled in Medicare Part B you do not need to submit a paper claim. Medicare pays its portion for Medicare covered services and automatically the claim to WPS TFL for processing. If you have other health insurance (OHI) your claim will not automatically cross over to TRICARE. You will need to file a claim with WPS TFL. Submit summary notice along with a TRICARE paper claim and your OHI's Explanation of Benefits (EOB) statement to: WPS/TFL P.O. Box 7890 Madison, WI 53707-7890.

For more information of assistance with TFL, please call WPS TFL at 1(866)773-0404. If you need further on formation regarding your Medicare benefits, call 1-800-Medicare / 1(800)633-422

THE BEST KEPT SECRET IN SOUTH DAKOTA

It's the State Veterans Home in Hot Springs where the state provides comfortable and independent living with medical support for eligible veterans and their spouses, widower or widowers. Do you know of a veteran living in what you consider substandard conditions? Or one living a lone and lonely? If this sounds like someone you know, there is an alternative. The Veteran's in Hot

Springs. Contact your Veteran's Officers at the below phone numbers:		Neal Lutke Meade	394-2266
•		David Egernier	574-9748
Butte		•	3/4-3/40
Bob Wanger	723-8387	Lawrence	
Harding		Bill Locken	574-9748
Milton Douglas	375-3313	Custer	
Perkins		Ken Irwin	673-8123
Loy Carda	374-5681	Fall River	
Oglala Sioux Tribe		J.R. Steele	745-5146
Frank Marshell	867-5577	Haakon / Jackson	
Pennington		Terry Deuter	859-2010
Dave Egermier	394-2266		837-2217

Pharmacy Information

Ellsworth Pharmacy information is now available online

User ID: pharmacy@ellsworth.af.mil

Password: 1234

(At first login, create desktop icon for easy one click access)

What	Why	How
 Formulary status of drugs Therapeutic interchanges Non-formulary alternatives Hours of operation/closures Alerts, recalls, and shortages Easy access all the time 	 It's fast and saves your time Reduces the frequency of formulary related calls Increases patient safety by heightened awareness of look-alike sound-alike risks, recalls, alerts, and warnings 	 Type in either address above Clicking on the desktop icon (install during first visit to our site)

ELLSWORTH AIR FORCE BASE CLINIC FORMULARY

August 12

The following list of medications is stocked at the Ellsworth AFB pharmacy. It is provided to assist civilian practitioners when prescribing medications for eligible military beneficiaries. A few rules and restrictions apply when writing prescriptions to be filled at our facility. For more information, please feel free to call the following number:

(605) 385-3250. Our hours are Monday thru Friday, 7:30am to 4:30pm (0730-1630). We closed at 12 noon on the third Wednesday of each month for training. Closed Saturday, Sunday and all Federal Holidays. Most current formulary is available at www.ellsworth.af.mil under bulletins.

<u>General</u>	*All prescriptions are considered expired after 12 months		
*Telephone prescriptions are not accepted	*90 days worth of maintenance meds with 3 refills		
*Fax number 385-3679	*Civilian prescriptions for non-formulary items may be filled in the local pharmacy network.		
*All prescriptions must be signed and dated by a licenced provider	*The SIG " Use as directed" Can Not be accepted		

^{*}Generic substitutions may be made according to Federal Law

*30 day supply maximum on narcotics/opioids (i.e Percocet, Vicodin, T-3 etc.)

*90 day supply maximum for non-narcotic scheduled maintenance medications (i.e benzodiazepine, ADHD, sleep aids etc)

*Faxed prescriptions for schedule II meds will NOT be accepted

*Prescriptions expire after 6 months

Controlled medications (Schedule II can not be faxed to us)

*Write multiple controls on separate prescriptions

*Please write amounts in numeric and longhand

*No refills on scheduled II's

TABLETS & CAPSULES

Acetaminophen (Tylenol) 500mg

Acetazolamide (Diamox) 250mg

Acrabose (Precose) 50mg

Acyclovir (Zovirax) 200 caps, 400 & 800mg

Alendronate (Fosamax) 10, 35 & 70mg Alendronate Plus D (Fosamax Plus D) 2800 & 5600 iu

Alfuzosin (Uroxatral) 10mg

Allopurinol (Zyloprim) 100 & 300mg

Amantadine (Symmetrel) 100mg

Amiodarone (Cordarone) 200mg

Amitryptyline (Elavil) all strengths

Amlodipine (Norvasc) all strengths

Amlodipine/Benazepril(Lotrel) all strengths

Amoxicillin 250, 500 & 875mg and 250mg chewable tabs

Amoxicillin/Clavulanic Acid (Augmentin) 250, 500mg & 875mg

Amoxicillin/Clavulanic Acid (Augmentin XR) 1000mg/62.5mg

Aspirin Chewable 81mg

Aspirin EC (Ecotrin) 325mg

Atenolol (Tenormin) all strengths

Atomoxetine (Strattera) all strengths

Azathioprine (Imuran) 50mg

Azithromycin (Zithromax) 250mg*Z-pak*

Baclofen (Lioresal) 10mg

Belladonna Alkaloids (Donnatol)

Benzonatate (Tessalon Perles) 100mg

Benztropine (Cogentin) 2mg

Bisacodyl (Dulcolax) 5mg

Bismuth (Pepto-Bismol) Tabs

Bupropion (Wellbutrin) 75mg(IR), 100mg SR, 150mg SR & 200mg SR

Bromocriptine (Parlodel) 2.5mg

Buspirone (Buspar) 10mg

Butalbital/Caffeine/Acetaminophen (Fioricet)

Cabergoline (Dostinex) 0.5mg

Calcitrol (Rocaltrol) 0.25mcg

Calcium Carbonate(OS-CAL) 500mg

Calcium Carbonate 600mg plus Vit D 400iu

Captopril (Capoten)12.5, 25 & 50mg

Carbamazepine Caps (Carbatrol) 300mg

Carbamazepine Tabs (Tegretol) 100 & 200mg

Carvedilol (Coreg) 3.125, 6.25, 12.5 & 25mg

Cefadroxil (Duricef) 500mg

Cefdinir (Omnicef) 300mg

Cefprozil (Cefzil)250 & 500mg

Cefuroxime Axetil (Ceftin) 250mg

Celecoxib (Celebrex) 100 & 200mg

Cenestin 0.9mg, 0.625mg, 1.25mg tabs

Cephalexin (Keflex) 250 & 500mg

Cetirizine (Zyrtec) 10mg

Cetirizine/Pseudoephedrine (Zyrtec-D) 5/120mg

Chlorpheniramine (Chlor-Trimeton) 4mg

Chlorpheniramine/pseudoephedrine SR 8/120mg (Deconamine SR)

**Chlorthalidone 25,50 & 100mg

Cimetidine (Tagamet) 400mg

Ciprofloxacin (Cipro) 250 & 500mg

Citalopram (Celexa) all strengths

Clarithromycin (Biaxin) 500mg and 500mg XI

Clindamycin (Cleocin) 150 & 300mg

Clomiphene Citrate (Clomid) 50mg

Clonidine (Catapres) 0.1 & 0.2mg

Clopidogrel (Plavix) 75mg

Colchicine 0.65mg

Colestipol (Colestid) 1gm

Cyclobenzaprine (Flexeril) 10mg

Cyproheptadine (Periactin) 4mg

Dexamethasone (Decadron) 0.75, 2 & 4mg

Dicloxacillin (Dynapen) 250mg

Dicyclomine (Bentyl) 20mg

Digoxin 0.125mg & 0.25mg

Diltiazem ER (Tiazac) 120, 180, 240, 300, 360mg

Diltiazem IR 30, 60 & 90mg

Diphenhydramine (Benadryl) 25mg

Dipyridamole (Persantine) 25 & 75mg

Divalproex (Depakote) 125, 250, 500mg Delayed Release & 250 & 500mg ER Docusate Sodium (Colace) 100 & 250mg Donepezil (Aricept) 5, 10mg Doxazosin (Cardura) 2, 4 & 8mg Doxepin (Sinequan) 25mg Doxycycline Tabs 100mg Ergotamine/caffeine (Cafergot) Erythromycin (Ery-Tab) 250mg Fexofenadine 60mg/Pseudoephedrine 120mg (Allegra-D 12 hour) Fexofenadine 180mg/Pseudoephedrine 240mg (Allegra-D 24 hour) Ferrous Sulfate 325mg Finasteride(Proscar) 5mg Fluconazole (Diflucan) 100, 150 & 200mg Fluoxetine (Prozac) 10, 20 & 40mg Folic Acid (Folvite) 1mg Fosinopril (Monopril) all strengths Furosemide (Lasix) all strengths Gabapentin (Neurontin) 100, 300, 400, & 600 mg Gemfibrozil 600mg Glipizine (Glucotrol) 5 & 10mg (IR) Glyburide Micronized (Glynase) 1.5, 3 & 6mg Glyburide Micronized (Micronase) 2.5 & 5mg Griseofulvin (Gris-Peg) 125mg Guaifenesin (Mucinex) 600mg Hydralazine (Apresoline) 25mg Hydrochlorothiazide (Esidrix) 12.5mg Caps and 25 & 50mg Tabs Hydroxychloroquine (Plaquenil) 200mg

Hydroxyurea 500mg

Hydroxyzine 25mg

Esomeprazole Mag. (Nexium) 20 & 40mg Estradiol (Estrace) 1mg tabs Estrogen Conjugated (Premarin) 0.3, 0.45, 0.625, 0.9 & 1.25mg Estrogen/Conjugated/Medroxyprogestero ne (Premphase 0.625/5mg, Prempro 0.3/1.5mg, 0.45/1.5mg, 0.625/2.5mg & 0.625/5mg) Estrogen/Methyltestosterone (Estratest HS, Estratest) Estropipate (Ogen) 0.625, 1.25 & 2.5mg Ibandronate (Boniva) 2.5mg** and 150mg Ibuprofen (Motrin) 400, 600 & 800mg Imipramine (Tofranil) 25mg Indomethacin (Indocin) 25 & 50mg IR Isoniazide (INH) 300mg Isosorbide Dinitrate (Isordil) 10 & 40mg SR Isosorbide Mononitrate (Imdur) 20,30, 60, & 120mg Ketoconazole (Nizoral) 200mg Ketoralac (Toradol) 10mg Labetalol (Normodyne) 100 & 200 mg Lamotrigine (Lamictal) 25, 100 & 200mg Levodopa/Carbidopa) Sinemet 10/100, 25/100, 25/250 & 50/200 CR Levofloxacin (Levaquin) 250 & 500mg Levothyroxine (Synthroid) all strengths Lisinopril (Zestril) 2.5, 5, 10, 20, 30 & 40mg Lisinopril/HCTZ (Zestoretic) 10/12.5, 20/12.5 & 20/25mg Lithium Carbonate (Eskalith) 300mg Lithium ER (LithoBid ER) 300mg Loperamide (Imodium) 2mg Loratadine (Claritan) 10mg Loratadine 5mg/Pseudoephedrine 120mg (Claritine-D 12 hour) Loratadine 10mg/Pseudoephedrine

**Ethambutol (Myambutol) 400mg Etodolac (Lodine) 400mg Ezetimibe (Zetia) 10mg Felodipine (Plendil) 2.5, 5 & 10mg Fenofibrate (Fenoglide) 40 & 120mg Fexofenadine HCL (Allegra) 30 & 180mg Losartan (Cozaar) 25mg, 50mg & 100mg Losartan/HCTZ (Hyzaar) 50/12.5 & 100/25 Magnesium Oxide (Mag-Ox) 400mg Mebendazole (Vermox) 100mg Meclizine (Antivert) 25mg Medroxyprogesterone (Provera) 2.5, 5 & 10mg Megestrol (Megace) 40mg Meloxicam (Mobic) 7.5 & 15mg Mesalamine (Asacol) 400mg Mesalamine (Pentasa) 250 & 500mg Metformin (Glucophage) 500, 850 & 1000mg Methocarbamol (Robaxin) 500mg Methotrexate 2.5mg Methylprednisolone (Medrol Dosepak) Metoclopropamide (Reglan) 10mg Metoprolol (Lopressor) 50mg & 100mg & (Toprol XL) 25, 50, 100 & 200mg Metronidazole (Flagyl) 250 & 500mg Minocycline (Minocin) 50 & 100mg Mirtazapine (Remeron) 15 & 30mg & SolTab 15 & 30mg Montekulast (Singulair) 4mg, 5mg, 10mg & Granules 4mg

Nadolol (Corgard) 40mg

Naprosyn 375 & 500mg

Niacin 100 & 500mg

Niacin ER (Niaspan) 500, 750 & 1000mg

Nifedipine (Procardia) 10 & 20mg Caps

Nifedipine CC (Adalat) 30, 60 & 90mg

Nitrofurantoin (Macrodantin) 50mg

Nitrofurantoin (Macrobid) 100mg

Nitroglycerin (Nitrobid) 2.5 & 6.5mg

Nitroglycerin SL (Nitrostat) 0.4mg

Nortriptyline (Pamelor) 10 & 25mg

Nystatin (Nilstat) 500,000units

Olanzapine (Zyprexa) all strengths

Omeprazole (Prilosec) 20mg

Ondansetron (Zofran) 4 & 8mg *Limited to 10 days with 1 refill*

Ondansetron Orally Disintegrating Tab (Zofran) 4mg

Oseltamivir (Tamiflu) 75mg
Oxaprozin (Daypro) 600mg

Oxybutynin (Ditropan) 5mg IR and 5,10 & 15mg XR

Pancrelipase (Cotazym)

Paroxetine (Paxil) 10, 20 & 40mg

Penicillin VK 250 & 500mg

Pentoxifylline (Trental) 400mg

Perphenazine (Trilafon) 2mg

Phenazopyridine (Pyridium) 100mg

**Phenelzine (Nardil) 15mg

Phenytoin (Dilantin) 50 & 100mg

Phytonadione (Mephyton) 5mg (Vit K)

Pioglitazone (Actos) 15, 30 & 45mg

Piroxicam (Feldene) 20mg

Polysaccharide iron complex (Niferex)-150

Potassium Chlor. (Slow K) 8meq, (K-Tab) 10meq & K-DUR 20mEq

Potassium Chloride (K-lor) 20meq packets

Pramipexole Dihydrochloride (Mirapex)
(all Strengths)

Pravastatin (Pravachol) 10, 20, 40 & 80mg
Prazosin (Minipress) 1, 2, 5mg
Prednisone (Deltasone) 1, 5, 10 & 20mg
Primadone (Mysoline) 250mg

Probenecid (Benemid) 500mg

Prochlorperazine (Compazine) 5mg

Progesterone(Prometrium) 100mg

Promethazine (Phenergan) 25mg

Propranolol (Inderal) 10 & 40mg IR, & 120mg LA

Propylthiouracil (PTU) 50mg

Pseudoephedrine 30mg

Pseudoephedrine / Guaifenesin 60mg/600mg (Mucinex-D)

**Pyrazinamide 500mg

Pyridoxine (Vit B-6) 50mg

Quetiapine Fumarate (Seroquel) all strengths and XR all strengths

Quinine (Qualaquin) 325mg

Raloxifene (Evista) 60mg

Raniditine (Zantac) 150mg

Rifampin (Rifadin) 300mg

Risperidone (Risperdal) all strengths

Rizatriptan (Maxalt & Maxalt MLT – both strengths

Ropinirole (Requip) all strengths

Rosiglitazone (Avandia) 2, 4 & 8mg

Rosiglitazone/Metformin (Avandamet) all strengths

Salsalate (Disalcid) 500mg

Sertraline (Zoloft) all strengths

Sitagliptin Phos. (Januvia) all strengths

Sitagliptin/Metformin (Janumet) all strengths

Simvastatin (Zocor) all strengths

Simvastatin/Ezetimibe(Vytorin) all strengths

Spironolactone (Aldactone) 25 & 100mg

Sucralfate (Carafate) 1Gm

Sulfamethoxazole 800mg/Trimethoprim 160mg (Septra DS)

Sulfasalazine (Azulfidine) 500mg

Sulindac (Clinoril) 200mg

Sumatriptan (Imitrex) 50mg & 100mg

Tamoxifen (Nolvadex) 10 & 20mg

Telmisartan(Micardis) all strengths

Telmisartan/HCTZ (Micardis/HCT) all strengths

Terazosin (Hytrin) all strengths

Terbinafine(Lamisil) 250mg

Terbutaline (Brethine) 5mg

Tetracycline (Achromycin) 250 & 500mg

Theophylline Ext. Rel. 100 & 200mg

**Thioridazine (Mellaril) 10, 25 & 100mg

Thyroid (Armour) 15, 30, 60 & 90mg

Timolol Maleate (Blocadren) 10mg

Tolterodine (Detrol) LA 2 & 4mg

Topiramate (Topamax) 25,50 & 100mg

Tramadol (Ultram) 50mg

Tramadol/Acetaminophen (Ultracet) 37.5/325mg

Trazadone (Desyrel) 50 & 100mg

Triamterene/HCTZ (Maxzide 25) 37.5/25mg and (Maxzide) 75/50

Trifluoperazine (Stelazine) 2 & 5mg

Trihexyphenidyl (Artane) 2mg

Valacyclovir (Valtrex) 500mg & 1gm

Venlafaxine (Effexor) 37.5, 50, 75, 100mg (IR) & 37.5, 75mg, 150mg XR

Verapamil ER 120, 180 & 240mg

Vardenafil (Levitra) 5,10 & 20mg Limited to 6 tablets per month.

Vitamins, (Prenatal MR 90 Fe-

<u>DIABETIC</u> (syringes limited to 300 per 90 day supply)

Use as directed not accepted###

Alcohol Swabs 100's

Lantus

Novolin N

Novolin R

Novolin L

Novolin 70/30

Novolog Aspart

Humalog (Novolog is DOD preferred choice)

Precision XTRA Strips

Medisense Ultra TLC lancets

3/10cc Insulin Syringes

1/2cc Insulin Syringes

1cc Insulin Syringes

BIRTH CONTROL

- -Desogestrol 0.15mg, Ethinyl estradiol 0.03mg (Ortho-Cept, Desogen)
- -Drospirenone 3mg, Ethinyl estradiol 0.02mg (Yaz)
- -Ethynodiol 1mg, Ethinyl estradiol .035mg(Demulen 1/35 28's)
- -Ethinyl Estradiol 30mcg,Drospirenone 3mg (Yasmin)
- -Ethinyl Estradiol/Norelgestromin (Ortho-Evra) Patches
- -Etonogestrel 0.12mg,Ethinyl estradiol 0.015mg (NuvaRing) **Only one will be dispensed at a time**
- -Levonorgestrel .05, .075, .125mg, Ethinyl estradiol .03, .04. .03mg (Tri-Levlen 28's)

with 1mg Folic Acid)

Warfarin (Coumadin) All Strengths

Levonorgestrel 0.15mg, Ethinyl estradiol 0.03mg (Levlen)

- -Levonorgestrel 0.1mg, Ethinyl estradiol 0.02mg (Alesse-28)
 - -Norethindrone 0.35mg (Nor-QD 28's)
 - -Norethindrone 0.5, .75, 1mg, Ethinyl estradiol 0.035mg (Necon 777)
 - -Norethindrone 1mg, Ethinyl estradiol 0.02mg (Loestrin 1/20)
- -Norethindrone 1mg, Ethinyl estradiol 0.02mg, Ferrous Fum. 75mg, (Loestrin Fe 1/20)
- -Norethindrone 1.5mg, Ethinyl estradiol
- 0.03mg, Ferrous Fum. 75mg (Loestrin Fe 1.5/30)
- -Norethindrone 1mg, Ethinyl estradiol 0.035mg (Norinyl 1+35 28's)
- -Norgestrel 0.3mg, Ethinyl estradiol 0.03mg (Lo-Ovral 28's)
- -Norgestimate 0.18, .215,. 25mg, Ethinyl estradiol 35, 35, 35 mcg (TriNessa)
- -Norgestimate 0.18,.215,.25mg, Ethinyl estradiol 0.25, .25, .25mg (Ortho Tri-Cyclen Lo)
- -Norgestimate 0.25mg, Ethinyl estradiol 0.035mg (MonoNessa)

VAGINAL

Clindamycin (Cleocin) 2% Cr 40gm & 100mg Supps

Clotrimazole 1% Cream 45gm

Estrogen conjugat. (Premarin) 0.625mg Cr

Metronidazole (Metrogel) 0.75% 70gm

**Progesterone Supps 50 & 100mg

TOPICAL

Acyclovir (Zovirax) 5% Oint

Adapalene (Differin) Gel 0.1%

Zomitriptan (Zomig) 2.5, & 5mg &

ZMT 5mg

Aluminum Chloride 10% (Drysol)

Aquaphor Oint

Bacitracin Oint

Benzoyl Peroxide Gel 5 & 10%

Benzoyl Peroxide Wash 5%

Betamethasone Dipropionate (Diprosone) 0.05% Cr & Oint

Betamethasone Valerate (Valisone) 0.1% Cr

Calcipotriene(Dovonex) 0.005% Cr, & Scalp Soln

Chlorhexidine Gluconate (Hibiclens) 4% Sol

Clindamycin (Cleocin T) 1% Soln

Clobetasol (Temovate) 0.05% Cr & Oint

Clotrimazole (Lotrimin) 1% Cr & Solution

Crotamiton (Eurax) Cr

Desonide (DesOWEN) 0.05% Cr, Oint & Lotion

Erythromycin topical (T-Stat) 2% Solution

Erythromycin-Benzoyl Peroxide (Benzamycin) Gel

Estradiol Transdermal (Climara) all strengths of patches

Eucerin Cr

Fluocinonide (Lidex) 0.05% Cr

Fluocinolone (Synalar) 0.01% soln. & 0.025% Cr.

Fluorouracil (Efudex) 5% Cr

Hydrocortisone 0.5, 1 & 2.5% Cr & 1% Oint

Hydrocortisone Val. (Westcort) 0.2% Cr

Imiquimod (Aldara) 5% Cr

Ketoconazole 2% Shampoo (Nizoral)

Lidocaine (Lidoderm) 5% Patches

Lidocaine (Xylocaine) 2% jelly

Hydrocortisone 1% Cream & Clotrimazole 1% Cream 1:1

Magic Butt Cream (Steroid Free)

-Zinc Oxide Oint 681g

-Questran Powder 91g

-Mylanta 341ml

In 60gm containers

SUPPOSITORIES, ETC

Acetaminophen (Tylenol) 120 & 650mg

Bisacodyl (Dulcolax) 10mg supps

Glycerin supps

Hydrocoritisone (Cortenema) enema

Hydrocortisone 25mg (Annusol HC) supps

Hydrocortisone w/ Pramoxine (Proctofoam HC) aerosol

Mesalamine (Rowasa) enema

Prochlorperazine (Compazine) 25mg supps

Promethazine (Phenergan) 12.5 & 25mg

Sodium Phosphate (Fleets) enema

OTIC

Acetic Acid 2% in Al Acetate Soln (Domeboro)

Antipyrine/Benzocaine (Auralgan)

Neomycin/Polymyxin & HC (Cortisporin) suspension

Pimecrolimus (Elidel) 1% Cr Salicylic Acid Soln 17% Selenium Sulfide (Selsun) shampoo Silver Sulfadiazine (Silvadene) 1% Cr

Tretinoin (Retin-A) 0.025% & 0.05% Cr & 0.025% gel **(35 yr old and younger only)**

Sulfur Salicyclic Acid (Sebulex) shampoo

Tretinoin gel microsphere 0.04% & 0.1% (35 yr old and younger only)

Compounded Products

INHALERS, ORAL

Advair Diskus 100/50, 250/50, 500/50mcg

Albuterol (Proventil) 0.5% for nebulizer 20ml

Albuterol (Proventil) 0.083% nebs

Albuterol (Proventil HFA) oral MDI

Areochamber Device

Budesonide Inh Susp(Pulmicort Respules)

0.25mg/2ml & 0.5mg/2ml

Cromolyn sodium (Intal) nebs

Cromolyn sodium (Intal) oral

Fluticasone (Flovent) oral 44, 110 & 220mcg

Ipratropium Bromide (Atrovent) nebs

Ipratropium Bromide (Atrovent) oral

Ipratropium/albuterol(Combivent) oral

Levalbuterol HFA (Xopenex) MDI

Nitrolingual 0.4mg spray

Salmeterol (Serevent) diskus

Sodium chloride 0.9% 3ml nebs

Tiotropium bromide (Spiriva)

Triamcinolone Acetonide (Azmacort) oral

INHALERS, NASAL

Desmopressin Acetate (DDAVP) 0.01% nasal

Triamcinolone (Kenalog) Spray

Triamcinolone 0.1% Cr & Oint

Triamcinolone 0.5% Cr

Triamcinolone dental paste 0.1%

Fluticasone 50mcg (Flonase) nasal

Ipratropium Bromide (Atrovent) 0.03% nasal

Mometasone Furoate monohydrate (Nasonex)

Oxymetazoline (Afrin) nasal spray

Saline nasal mist

Sumatriptan 20mg (Imitrex) Nasal Spray

ORAL LIQUIDS

Acetaminophen (Tylenol) 80mg/.8ml drops

Acetaminophen (Tylenol) 160mg/5ml Susp

Albuterol (Proventil) 2mg/5ml

Amoxicillin/Clavulanic Acid (Augmentin) 400mg/5ml & Augmentin ES-600

Amoxicillin Suspension 125mg/5ml, 250mg/5ml and 400mg/5ml

Azithromycin (Zithromax) 100mg/5ml & 200mg/5ml & 1gm packets

Belladonna Alkaloids (Donnatol)

Cefdinir (Omnicef) 125/5 & 250/5

Cefprozil (Cefzil) 250mg/5ml

Cefuroxime Axetil (Ceftin) 250mg/5ml

Cephalexin (Keflex) 250mg/5ml

Cetirizine (Zyrtec) Syrup

Chlorexidine Oral Rinse 0.12% (Peridex)

2mg/5ml **Propranolol (Inderal) liquid 20mg/5ml Gentamicin (Garamycin) 0.3% soln & Oint Dexamethasone Intensol 1mg/ml Pseudoephedrine 30mg/5ml Homatropine (Isopto Homatropine) 5% **Digoxin (Lanoxin) liquid 0.5mg/ml Ranitidine (Zantac) liquid 15mg/1ml Diphenhydramine (Benadryl) 12.5mg/5ml Ketorolac LS (Acular LS) soln **Risperidone (Risperdal) 1mg/ml Soln Docusate Liquid (Colace) 1% Latanoprost (Xalatan) 0.005% soln Sodium Fluoride drops 1.1mg/ml Electrolyte Oral Solution (Colyte) Lodoxamide (Alomide) 0.1% soln Sucralfate (Carafate) susp 1g/10ml Erythromycin (EryPed) 200mg/5ml Naphazoline/Pheniramine(Naphcon A) Sulfamethoxazole 200mg / Trimethoprim Ferrous Sulfate (Fer in sol) 15mg/0.6ml 40mg /5ml Susp. (Septra or Bactrim) Neomixin/Polymixin B/Dex Susp & Oint (Maxitrol) Fluoride Drops (0.5mg/ml) Sulfisoxazole (Gantrisin) susp 0.5g/5ml Ofloxacin (Ocuflox) soln Fluoride (PreviDent 5000 paste) Valproate (Depakene) 250mg/5ml Olopatadine (Patanol) 0.1% soln Fluoride (PreviDent gel) Pilocarpine 0.5, 2 & 4% soln Furosemide (Lasix) liquid 10mg/ml Compounded Product Pilocarpine Gel 4% (Pilopine) Griseofulvin (Grifulvin) V susp 125mg/5ml Magic Mouthwash Polyvinyl Alcohol 1.4% (Artificial tears) Hydroxyzine (Atarax) 10mg/5ml -Diphenhydramine Liquid Prednisolone (Pred Forte) 1% Susp Ibuprofen (Motrin) 100mg/5ml -Maalox Suspension Prednisolone/Sulfacetamide Susp **Ipecac Syrup** -Viscous Lidocaine 2% (Blephamide) Isoniazide (INH) liquid 50mg/5ml 1:1:1 in 120ml Bottles Sodium Chloride (Muro 128) Soln & Oint Lactulose 10g/15ml **OPTHALMICS** Timolol (Timoptic) 0.25 & 0.5% Soln **Bacitracin Oint** Lidocaine Viscous 2% Timolol (Timoptic) XE 0.5% Bacitracin/Polymyxin (Polysporin) Oint Loratadine Syrup (Claritin) 1mg/ml Tobramycin Soln Bacitracin/Polymyxin/Gramicidin Magnesium Citrate (Neosporin) soln & oint Tobramycin/Dexamethasone (Tobradex) Susp & Ointment Metoclopropamide (Reglan) liquid Betaxolol (Betoptic S) 0.25% susp 5mg/5ml Trifluridine (Viroptic) Soln Bimatoprost (Lumigan) 0.03% soln Milk of Magnesia Trimethoprim/Polymyxin (Polytrim) Soln Brimonidine (Alphagan P) 0.15% soln Mineral Oil USP, Lubricant Laxative SCHEDULE III-V Carboxymethylcellulose 0.5% (Refresh Acetaminophen w codeine (Tylenol w/ Multivitamin Drops (Poly-Vi-Sol) Tears) and Preservative Free (Refresh codeine) #3 tabs Plus) Multi-Vit w/fluoride & iron(Poly-vi-flor Acetaminophen w codeine (Tylenol w/ w/iron) Cyclopentolate (AK-Pentolate) 1% soln codeine) elixir Nitrofurantoin (Furadantin) susp Dexamethasone(Maxidex) 0.1% susp Alprazolam (Xanax) 0.25 & 0.5mg 25mg/5ml Dorzolamide (Trusopt) 2% soln Butalbital/Aspirin/Caffeine) (Fiorinal) Nystatin susp 100,000units/ml Erythromycin (E-mycin) Oint **Chloral Hydrate (Noctec) 500mg/5ml Penicillin V 250mg/5ml liquid Eve lubricant (Duratears) Oint Phenylephrine 0.125% (Little Noses) Chlordiazepoxide (Librium) 10mg & 25mg Flouromethalone (FML) susp Polyethylene Glycol 3350 (Miralax) Clonazepam (Klonopin) 0.5mg & 1mg

Prednisolone (Prelone) 15mg/5ml

Gatifloxacin (Zymar) 0.3% Soln

Cyproheptadine (Periactin) liquid

Diazepam (Valium) 5mg

Dichoralphenazone/Isometheptene/Aceta minophen (Midrin)

Diphenoxylate/Atropine (Lomotil) 2.5mg

Eszopiclone (Lunesta) all strengths

Guaifenesin w/ Codeine (Robitussin AC) 120ml

Hydrocodone/Acetaminophen (Vicodin) 5mg/500mg

Hydrocodone/Acetaminophen (Lortab) 5mg/325mg

Hydrocodone/Acetaminophen 7.5mg/500mg per 15ml (Lortab Elixir)

Hydrocodone/Ibuprofen (Vicoprofen) 7.5/200 mg

Lorazepam (Ativan) 0.5mg, 1mg & 2mg

Phenobarbital 20mg/5ml liquid

Phenobarbital 30mg

Propoxyphene (Darvon) 65mg

Propoxyphene/Acetaminophen (Darvocet N-50 & N-100)

Promethazine w codeine (Phenergan w/ codeine) syrup 120ml

Temazepam (Restoril) 15 & 30mg

Testosterone Transdermal patch (Androderm) 2.5 & 5mg

Testosterone Gel (Androgel) 1% 2.5gm and 5gm

Testosterone Cypionate (Depo-Testosterone) 200mg/ml inj

Testosterone Enanthate (Delatestryl) 200mg/ml inj

Triazolam (Halcion) 0.25mg

Zolpidem (Ambien) 5 & 10mg

SCHEDULE II

Amphetamine/Dextroamphetamine (Adderall) 10mg & (Adderall XR) all strengths of XR

Codeine 30mg

Dextroamphetamine (Dexedrine Spansules) 10mg

Dextroamphetamine (Dexedrine) 5mg Tab

Meperidine (Demerol) 50mg

Methylphenidate (Concerta) all strengths

Methylphenidate Immediate Release Chewable 2.5, 5 & 10mg

Methylphenidate (Ritalin) 20mg SR

Methylphenidate (Ritalin) 5, 10 & 20mg

Morphine Immediate Release 15 & 30mg

Morphine (MS Contin) 15, 30 & 60mg

Morphine 10mg/5ml liquid

Oxycodone (Oxy IR) 5 mg caps

Oxycodone Controlled Release (Oxycontin) 10 & 20mg

Oxycodone/Acetaminophen (Percocet/Endocet/Roxicet) 5mg/325mg

MISC

Enoxaparin Na (Lovenox) All Strengths

Leuprolide (Lupron) Depot 3.75 & 11.25mg

Goserelin (Zoladex) 3.6** & 10.8mg implants (for treatment of prostate cancer only)

The following are <u>ONLY</u> available through <u>Lung Helpline</u> 1-800-548-8252 or TTY 1-800-501-1068
Monday-Friday, 7am-7pm CST

Bupropion (Zyban) 150mg

Varenicline(Chantix) 0.5 & Nicotine Patches 7, 14 & 21mg

** Items on formulary but not in stock – we have 72 hours to fill these meds.